



Consent for ToeFX fungal nail treatment.

Treatment is going to be long and difficult. If you want to resolve your problem you will need to commit and persevere with the treatment.

You will need an intensive course of photo-disinfection therapy using ToeFX treatment system. ToeFX has been designed to treat nail fungus (onychomycosis). This method of treatment has been shown to have a higher success rates when compared to other treatments. The length of appointments will depend on how many nails are being treated.

The treatment procedure:

1. Clinical pictures will be taken of the nails before starting treatment. These form part of the clinical records and may be used for training purposes.
2. Using specialist instruments the nail/s being treated will be thinned down and loose unattached nail cut back as far as possible. Depending on the nail holes maybe placed in remaining nail. The nails will not have a good cosmetic appearance following this part of the procedure.
3. The nails are then painted with a dark blue toe nail serum and left for 10-15 minutes allowing it to be absorbed through the holes, reaching the affected parts of the nail/s.
4. The dark blue serum is then activated by placing all the toes under a red light unit for 15 minutes. The dark blue serum will leave significant staining on and under the nail but will eventually grow out. The surrounding skin may also stain but washes off after a few days.
5. Every 2 weeks after the first treatment, the nails will be cleaned and blue serum applied for 10-15 mins followed by 15 mins red light unit.
6. Once 8-10 treatments are complete treatments using the serum and red light are repeated every 6-8 weeks until the nails have grown out clear.

Intended benefits:

- It is intended to resolve your fungal nail/s problem (allow 12 to 24 months big toe nails).
- Improvement in nail appearance.

Risks:

- Treatment may not work, no guarantees can be given.
- Even with clinical clearance of the fungus one of more nails may remain thick. There are other causes of thickened/discoloured nails.
- There maybe some mild discomfort in preparing the nails before application of the serum.
- There have not been any reports of associated risks with the ToeFX red light system. However, if you have Glucose-6-phosphate dehydrogenase deficiency (G6PD) you should not undertake this treatment (the serum could cause an onset of acute anaemia).
- There will be staining on and under the nail/s and surrounding skin.

Alternative options have been discussed:

(Oral medication, topical lacquers, lasers, conservative treatment or no treatment at all).

Yes. No.

Other considerations:

- Each appointment has an additional £ 30 charge.
- You will need to make changes to your foot and footwear hygiene as advised by the podiatrist.

I have had previous discussions with the podiatrist, who encouraged and answered questions, I have read this consent form and agree to ToeFX fungal nail treatment by the podiatrist.

I understand that due to human variance, it is not possible to guarantee the outcome of the treatment. I have been made aware of intended benefits and possible risks that are known, I understand there maybe other unforeseen risks that have not been found.

I agree to ask questions to clarify any concerns I may have. I understand I can withdraw from treatment at any time.

Other treatment options have been discussed.

I also consent to clinical photography as part of my clinical records and for training purposes, any pictures used in training will not have personal identifying information.

Patient signature

As the podiatrist, I have explained the above treatment procedure and outlined the intended benefits and possible risks associated with ToeFX treatment system. I have given verbal and written information on previous appointment and answered all questions.

Podiatrist signature